

## **POSTER INFORMATION & APPLICATION**

**Submission Deadline: September 12, 2023**

- You are invited to apply to present a poster at the *2023 Movement Is Life* Summit.

Movement is Life is a multi-disciplinary coalition seeking to eliminate racial, ethnic and gender disparities by promoting movement to improve overall health and quality of life among women with a special focus on African Americans, Hispanic/Latinas and women living in rural communities. The **Movement is Life Summit** is a collaborative event bringing key stakeholders—researchers, clinicians, public health professionals, policymakers, and community leaders—to discuss, ideate, and take action to eliminate racial, ethnic, and gender disparities in health. The Summit, formerly known as the Caucus, features nationally known speakers who are experts on health disparities and social determinants of health.

We would like to offer **Community-Based and Academic Organizations** the opportunity to exhibit **posters** at the meeting. **The goal of the poster exhibit is to provide an opportunity to increase awareness of the various community-based and academic programs addressing musculoskeletal health disparities and to provide an opportunity to network.**



It has never been more important to understand how health inequity threatens the health of the nation. Different strategies need to be developed to reduce the levels of comorbidities and its impact on disease and musculoskeletal disorders. Posters are encouraged which address these strategies. This includes how to improve musculoskeletal health and healthcare in women and under-represented minorities as well as how to disseminate this information to the appropriate people – from patients to physicians and other healthcare providers to communities and politicians.

The one-page application must be received by **September 12, 2023**. The applicants will be contacted via email by **September 25, 2023** with the decision on whether their poster submission is accepted. [Please note: we cannot provide funding for the creation of the poster.]

### **POSTERS**

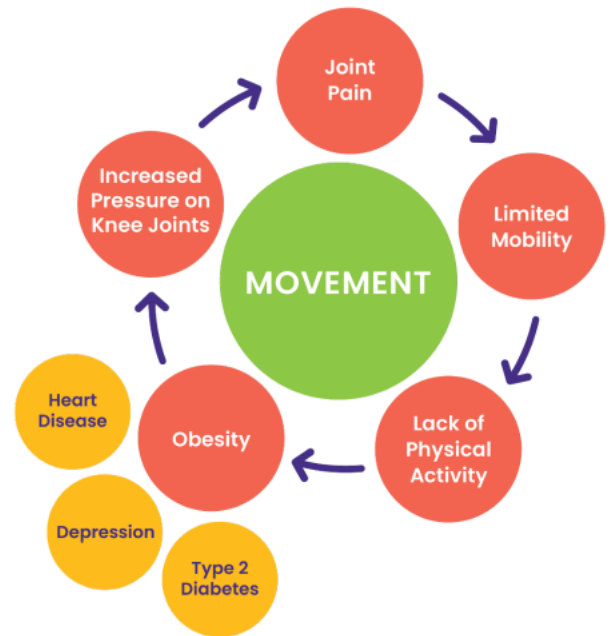
The poster exhibit provides an opportunity to increase awareness of the various programs and strategies to address **health disparities**. The posters will be exhibited on tripods that will be provided by Movement is Life. Movement is Life will provide poster backboards. **Each backboard is 3' high by 5' wide. PLEASE NOTE that this poster size is smaller than the posters at some national meetings.**

You must supply the title for your poster. Lettering for your poster title should be at least 1" high and follow the format for your abstract. Lettering for your poster text should be at least 3/8" high. Poster sessions will be held during the first day of the meeting. Poster applicants must be present with their poster to discuss their work at the time and date indicated in their letter of acceptance.

## Themes

Submitted abstracts may be based on the following themes:

- Outreach: Strategies undertaken to increase awareness of musculoskeletal disparities amongst individuals, different communities, physicians and other healthcare providers, or institutions (hospitals, government agencies, insurance carriers).
- Community-based programs: Programs that address musculoskeletal health and health care or associated diseases (e.g., heart disease, type 2 diabetes, obesity, depression).
- Academic Research: This may include studies utilizing nationwide databases, meta-analyses, clinical studies and basic science.



## Community-Based Posters

- Posters may be created with supplies from arts & crafts stores. In other words, the poster can be inexpensive and does not need to be professionally prepared.
- This is not intended to be restrictive. The following are suggestions. Please feel free to be flexible with the layout and, to some extent, the content of the poster. However, the topic of the poster must be related to the mission of the Movement is Life Caucus (see #3 below).
- You can address some of the following:
  1. What is your community program (briefly describe what it is: an activity program? a nutritional/weight loss program?)
  2. What is the purpose/goal of the program? Who are you trying to reach?
  3. How does this program relate to the mission of Movement is Life?
  4. Lessons Learned: What are the lessons you have learned that you can share? What challenges have you overcome?
  5. What future ideas/plans do you have for your community-based program?

## Scientific/Academic Posters

- The format for these posters is similar to that used at most national scientific meetings.
- The posters should include: Introduction, Materials & Methods, Results, Discussion & Summary, Relevance to the Mission of Movement is Life (required).
- Posters that are relevant to our mission that have been presented at other meetings may be submitted.



