

Connecting with your Complex Patients



Empowering patients with knee pain to take an active role in their healthcare journey

“Our medical culture has historically been one of assumed benevolence—that the doctor knows what is best for the patient. But it is not possible for me, as a doctor, to know what is best for my patients. The shared decision making process creates the structure for critical conversations to occur so that patients receive the treatment they want based on their personal values and preferences.”

—Mary I. O’Connor, MD

Movement is Life™ SDM Tool

The Movement is Life Shared Decision Making Tool for patients with knee pain that facilitates and creates the structure for critical conversations to occur in a simplified patient friendly manner. Patients are able to better understand the available screening, treatment or management options and the likely benefits and harms of each so that they can communicate their preferences and help select the best course of action.



movement is life™

Catalyst for Change

Scan the QR Code or go to:

apps-movementislifecaucus.com/pe/

For patient education materials, please go to:

movementislifecaucus.com